



**UNIVERSITY OF VICTORIA
FACULTY CURRICULUM VITAE**

Name: Nevin J. Harper, PhD, RCC

Date: January, 2025

Faculty: Education

Department/School: School of Exercise Science, Physical & Health Education

Position: Professor, Program Lead, Recreation & Health Education

1. DEGREES AND DIPLOMAS

<i>Degree or Diploma</i>	<i>Field</i>	<i>Institution</i>	<i>Year Granted</i>
PhD	Education*	University of Minnesota	2007
MA	Leadership & Training	Royal Roads University	2004
BA	Leisure Studies & Services	University of Oregon	1993
Dip	Recreation Administration	Red Deer College	1991

*Education: Recreation, Parks & Leisure Studies Program

Title of Thesis or Dissertation

PhD *A mixed-methods examination of family involvement in adolescent wilderness therapy*

MA *Risk management: A model for outdoor adventure curriculum*

2. POSITIONS HELD PRIOR TO APPOINTMENT AT UNIVERSITY OF VICTORIA

2012-2015	Department Chair, Sport Management, Camosun College
2010-2016	College Instructor, Sport Management & Adventure Education, Camosun College
2010	Provincial Director of Operations, Outward Bound Canada, British Columbia
2009	Assistant Professor (limited term), School of Child & Youth Care, University of Victoria, BC

- 2008-2009 Post-Doctoral Fellow, Social Science & Humanities Research Council of Canada, School of Child & Youth Care, University of Victoria, BC
- 2008-2013 Associate Faculty, Royal Roads University (MA Environmental Ed. & Communication & MA Disaster & Emergency Mgmt), Victoria, BC
- 2007 Adjunct Faculty, University Canada West, Victoria, BC
- 2005-2006 Research Assistant, School of Kinesiology, University of Minnesota
- 2004-2005 Research Assistant, Outdoor Behavioral Healthcare Research Coop, Durham, NH
- 2005 Research Coordinator, Power to Be Adventure Therapy Society, Victoria, BC
- 2000-2004 Supervisor, Coastline Challenge Camp, Boys & Girls Club Services, Victoria, BC
- 1997-2000 Wilderness Guide/Youth Worker, Coastline Challenge Camp, Victoria, BC
- 1995-1996 Wilderness Guide/Youth Worker, Enviros Wilderness School, Calgary, AB
- 1994 Adventure Guide, Pacific Challenge, Eugene, OR
- 1993 Regional Games Coordinator, Alberta Summer Games, Grande Prairie, AB
- 1992 Supply & Logistics Coordinator, Record Explorations, Peace River, AB

3. MAJOR FIELD(S) OF SCHOLARLY OR PROFESSIONAL INTEREST

Adventure education & outdoor recreation
 Experiential learning & pedagogy
 Outdoor therapies (adventure, forest, nature-based...)
 Ecopsychology & human-nature kinships
 Outdoor risky play & child development
 Youth worker, counselor & outdoor educator training

4. MEMBERSHIPS AND OFFICES HELD IN LEARNED AND PROFESSIONAL SOCIETIES

- 2021-present Registered Clinical Counselor, BC Association of Clinical Counselors (#16566)
- 2021-present Forest Therapy Certified Practitioner, Forest Therapy Hub, (Trainer)
- 2018-2021 Member, Steering Committee, Canadian Outdoor Summit
- 2018-2022 Member, International Adventure Therapy Advisory Group
- 2017-2021 Research Fellow, Centre for Youth & Society, University of Victoria
- 2015-2018 Co-Chair, International Adventure Therapy Committee
- 2012-present Member and Instructor Trainer, Outdoor Council of Canada

- 2006-2018 Canadian Representative, International Adventure Therapy Committee
- 2003-2017 Member, Association for Experiential Education
- 2007-2009 Member, Canadian Evaluation Society
- 2001-2018 Member and Instructor, Paddle Canada
- 1996-2002 Member and Instructor, Recreational Canoe Association of BC

5. SCHOLARSHIPS, FELLOWSHIPS, HONOURS, AND AWARDS

Harper, N. J. (2019). Recognition for contributions to adventure therapy in Canada. Presented at the Canadian Adventure Therapy Symposium, Whitehorse, YK.

Harper, N. J. (2017). Provost Research Fund, UVIC: \$5,000 CAD.

Harper, N. J. (2017). New Scholar's Award, UVIC: \$10,000 CAD.

Harper, N. J. (2007). Nominated by the School of Kinesiology (RPLS) for University of Minnesota's Doctoral Dissertation Fellowship Award: \$21,500 USD. (Not selected).

Harper, N. J. (2006). Graduate Research Award. School of Kinesiology. School of Kinesiology, University of Minnesota, \$500 USD.

Harper, N. J. (2006). Teaching Assistantship. School of Kinesiology, University of Minnesota. \$6,500 USD.

Harper, N. J. (2006). Research Assistantship. Outdoor Behavioral Healthcare Research Cooperative, University of Minnesota. \$3,900 USD.

Harper, N. J. (2006). Research Grant. School of Kinesiology. Data collection and fieldwork support. School of Kinesiology, University of Minnesota. \$500 USD.

Harper, N. J. (2005/2006). Research Assistantship. Outdoor Behavioral Healthcare Research Cooperative, School of Kinesiology, University of Minnesota. \$13,000 USD.

Harper, N. J. (2004/2005). Research Assistantship. Outdoor Behavioral Healthcare Research Cooperative, University of New Hampshire. \$13,000 USD.

Harper, N. J. (2002). Entrance Scholarship, MA Leadership. Awarded to graduate student demonstrating significant contribution to community and profession. Royal Roads University. \$1,100 CAD.

6. APPOINTMENTS AT UNIVERSITY OF VICTORIA

a. Academic

<i>Inclusive Years</i>	<i>Rank</i>	<i>Department</i>
2022-present	Professor	School of EPHE
2021-2022	Professor	School of CYC
2017-2021	Associate Professor	School of CYC
2009-2010	Assistant Professor (limited term)	School of CYC

b. Administrative

<i>Inclusive Years</i>	<i>Title</i>	<i>Academic Unit</i>
2019-2020	Faculty of Graduate Studies Rep.	School of CYC
2018-2019 (18 mo.)	Chair, Undergraduate Program	School of CYC
2018 (Dec 6-13)	Acting Director	School of CYC
2018 (Aug 7-14)	Acting Director	School of CYC

7. SCHOLARLY AND PROFESSIONAL ACHIEVEMENTS

a. Refereed Publications

a.1 Articles Published in Refereed Journals

Harper, N. J., & Dobud, W. W. (2024). Outdoor therapies: Nature, health, and a holistic model of psychotherapy. *Integrative & Complementary Medicine*, 9(4), 065.

Palozzi, J. E., **Harper, N. J.**, & Shackelford, N. (2024). From plants to pedagogies: Reviewing environmental education pedagogies with a systems thinking approach to aid curricula development. *Environmental Education Research*. 10.1080/13504622.2024.2437694

Harper, N. J., Dobud, W. W., & Magnuson, D. (2024). Adolescent wilderness therapy: The relationship of client outcomes to reasons for referral, motivation for change, and clinical measures. *Youth*, 4(1), 382-394.

Harper, N. J., Fernee, C. R., Mattsson, M., & Lyytinen, P. (2023). Beyond the stories we tell ourselves: Implicit theory and a proposed research agenda for outdoor therapies. *International Journal of Adventure Therapy*, 4.

Nicholl, P., Ali, J., Silveira, K., **Harper, N. J.**, & Smart, C. (2023). Perceived growth following isolated, confined, and extreme environmental endeavours: A systematic review. *Acta Astronautica*, *211*, 368-375.

Harper, N. J. (2023). Involuntary transport, coercion and client autonomy in wilderness therapy: A critical perspective. *International Journal of Adventure Therapy*, *4*.

Frey, S., & **Harper, N. J.** (2023). Healing with the night: Investigation into the therapeutic potential of natural darkness. *Ecopsychology*.

Mott, A., Zolotas, K., & **Harper, N. J.** (2023). Readiness to change, trait emotional intelligence, and client fit in wilderness therapy. *Child & Youth Services*.

Rosa, C. D., Chaves, T. S., Collado, S., & **Harper, N. J.** (2023). Improving the analysis and reporting of studies of nature-based adventure interventions: A review of studies published in JAEOL. *Journal of Adventure Education and Outdoor Learning*.

Pollock, C., & **Harper, N. J.** (2022). Outdoor adventure education and constructive development theory: An inquiry into meaning making, growing up, and immunity to change. *Journal of Outdoor and Environmental Education*, *25*, 247-263.

Magnuson, D., Dobud, W., & **Harper, N. J.** (2022). Can involuntary youth transport into Outdoor Behavioral Healthcare treatment programs (wilderness therapy) ever be ethical? *Child and Adolescent Social Work Journal*.

Harper, N. J. & Fernee, C. R. (2022). Unpacking relational dignity: In pursuit of an ethic of care for outdoor therapies. *Frontiers in Psychology*, *13*, 766283.

Gargano, V., & **Harper, N. J.** (2022). Helping factors leading to improved group function during adventure expeditions. Submitted to *Journal of Adventure Education and Outdoor Learning*.

Barrette, M., Naylor, P. J., Boyer, W., & **Harper, N. J.** (2022). Defining a nature-based literacy: a research synthesis review of health-promoting literacies. *Journal of Adventure Education and Outdoor Learning*.

Tilstra, E., Magnuson, D., **Harper, N. J.**, & Lepp, A. (2022). Gender and risk in outdoor adventure education. *Journal of Outdoor and Environmental Education*, *25*, 1-17.

Harper, N. J., Gabrielsen, L., & Fernee, C. (2021). Nature's role in outdoor therapies: An umbrella review. *International Journal of Environmental Research and Public Health*, *18*(10), 5117.

Jackson, J., & **Harper, N. J.**, & McLean, S. (2021). Trust, workload, outdoor adventure leadership, and organizational safety climate. *Journal of Outdoor Recreation, Education and Leadership* *13*(4), 34-47.

Harper, N. J., Magnuson, D., & Dobud, W. W. (2021). A closer look at transportation, coercion and involuntary treatment in wilderness therapy. *Child and Youth Services*, *42*(2), 200-219.

Leather, M., **Harper, N. J.**, & Obee, P. (2020). Developing creativity in higher education: a playful ontology and a pedagogy of play. *Journal of Experiential Education* 44(3), 208-226.

Dobud, W., Cavanaugh, D., & **Harper, N. J.** (2020). Adventure therapy and routine outcome monitoring of treatment: The time is now. *Journal of Experiential Education*, 43(3), 262-276.

Harper, N. J., & Obee, P. (2020). Articulating outdoor risky play in early childhood education: Voices of forest and nature school practitioners. *Journal of Adventure Education and Outdoor Learning*, 21(2), 184-194.

Obee, P., Sandseter, E. B. H., Gerlach, A., & **Harper, N. J.** (2020). Lessons from Norway on risky play in early childhood education and care. *Contemporary Issues in Early Childhood*, 49, 99-109.

Obee, P., Sandseter, E. B. H., & **Harper, N. J.** (2020). Children's use of environmental features affording risky play in early childhood education and care. *Early Childhood Education Journal*, 191(16), 2607-2625.

Harper, N. J., Lim, C., Alqallaf, H., & Naylor, P. J. (2019). A case study exploring the real-world process of naturalizing school playgrounds. *International Journal of Environmental Health Research*, 31(3), 298-314.

Gabrielsen, L., **Harper, N. J.**, & Fernee, C. (2019). What are constructive anxiety levels in wilderness therapy: An exploratory pilot study. *Complementary Therapies in Clinical Practice*, 37, 51-57.

Harper, N. J., Mott, A. J., & Obee, P. (2019). Client perspectives on wilderness therapy as a component of adolescent residential treatment for problematic substance use and mental health issues. *Children and Youth Services Review*, 105, 104450.

Kirwin, M., **Harper, N. J.**, Young, T., & Itai, I. (2019). Mindful adventures: A pilot study of Outward Bound Canada's Mindfulness Program. *Journal of Outdoor and Environmental Education*, 21(1), 75-90.

Harper, N. J. (2018). Locating self in place: Expedition-style study abroad in Bolivia and the global awareness of emerging adults. *Journal of Experiential Education*, 41(3), 295-311.

Dobud, W., & **Harper, N. J.** (2018). Of Dodo birds and the common factors: A scoping review of adventure therapy direct comparison trials. *Complementary Therapies in Clinical Practice*, 31, 16-24.

Gabrielsen, L. E., & **Harper, N. J.** (2018). The role of wilderness therapy for adolescents in the face of global trends of urbanization and technification. *International Journal of Adolescence and Youth*, 23(4), 409-421.

Harper, N. J. (2017). Outdoor risky play and healthy child development in the shadow of the 'risk society': A forest and nature school perspective. *Journal of Youth Studies*, 38(4), 318-334.

Harper, N. J. (2017). Wilderness therapy, therapeutic camping and outdoor adventure in child and youth care literature: A scoping review. *Children and Youth Services Review*, 83, 68-79.

Lim, C., Donovan, A. M., **Harper, N. J.**, & Naylor, P. J. (2017). Natural elements and fundamental motor skill development at five elementary school districts in British Columbia. *International Journal of Environmental Research and Public Health*, *14*(11), 1279.

Harper, N. J., Gabrielsen, L. E., & Carpenter, C. (2017). A cross-cultural exploration of “wild” in wilderness therapy: Canadian, Australian and Norwegian perspectives. *Journal of Adventure Education and Outdoor Learning*, *18*(2), 148-164.

Harper, N. J., & Webster, A. L. (2016). Higher learning: Impacts of a high-altitude adventure-based field school on college student development. *Journal of Adventure Education and Outdoor Learning*, *17*(1), 67-81.

Ritchie, S., Patrick, K., Corbould, M., **Harper, N.**, & Oddson, B. (2016). An environmental scan of adventure therapy in Canada. *Journal of Experiential Education*, *39*(3), 303-320.

Harper, N. J., Norris, J., & D’astous, M. (2014). Veterans and the Outward Bound experience: An evaluation of impact and meaning. *Ecopsychology*, *6*(3), 165-173.

Harper, N. J., Carpenter, C., & Segal, D. (2012). Self and place: Journeys in the land. *Ecopsychology*, *4*(4), 1-7.

Richards, K., Carpenter, C., & **Harper, N. J.** (2011). Looking at the landscape of adventure therapy: Making links to theory and practice. *Journal of Adventure Education and Outdoor Learning*, *11*(2), 83-90.

Taylor, D., Segal, D., & **Harper, N. J.** (2010). The ecology of adventure therapy. *Ecopsychology*, *2*(2), 77-83.

Harper, N. J. (2010). Future paradigm or false idol: A cautionary tale of evidence-based practice in adventure therapy and education. *Journal of Experiential Education*, *33*(1), 38-55.

Harper, N. J. (2009). Relation of the therapeutic alliance to outcome in adolescent wilderness treatment. *Journal of Adventure Education and Outdoor Learning*, *9*(1), 1-15.

Harper, N. J. (2009). Family crisis and the enrollment of children in wilderness treatment. *Journal of Experiential Education*, *31*(3), 447-450.

Harper, N. J., & Russell, K. C. (2008). Family involvement and outcome in adolescent wilderness treatment: a mixed-methods evaluation. *International Journal of Child and Family Welfare*, *11*(1), 19-36.

Harper, N. J., Russell, K. C., Cooley, R., & Cupples, J. (2007). Catherine Freer Wilderness Therapy Expeditions: An exploratory case study of adolescent wilderness therapy, family functioning, and the maintenance of change. *Child and Youth Care Forum*, *36*(2/3), 111-129.

Harper, N., & Cooley, R. (2007). Parental reports of adolescent and family well-being following a wilderness therapy intervention: An exploratory look at systemic change. *Journal of Experiential Education*, *29*(3), 393-396.

Harper, N. J., & Scott, D. G. (2006). Therapeutic outfitting: Enhancing adolescent mental health service through innovative collaborations with a wilderness experience program. *Therapeutic Communities*, 27(4), 524-545.

Russell, K. C., & **Harper, N.** (2006). Incident monitoring in outdoor behavioral healthcare programs: A four-year summary of restraint, runaway, injury and illness rates. *Journal of Therapeutic Schools and Programs*, 1(1), 70-90.

Harper, N., & Robinson, D. W. (2005). Outdoor adventure risk management: Curriculum design principles from industry and educational experts. *Journal of Adventure Education and Outdoor Learning*, 5(2), 143-156.

a.2 Books (includes edited books)

Harper, N. J., & Dobud, W. W. (Eds.) (2020). *Outdoor therapies: An introduction to practices, possibilities, and critical perspectives*. Routledge.

Harper, N., Rose, K., & Segal, D. (2019). *Nature-based therapy: A practitioner's guide to working outdoors with children, youth, and families*. New Society Publishers.

a.3 Monographs

a.4 Chapters in Academic Books

Pryor, A., **Harper, N. J.,** & Carpenter, C. (2021). Outdoor healthcare: Benefits, mechanisms and useful principles for activating health, wellbeing and healing in nature. In G. Thomas, J. Dymont, & H. Prince (Eds.), *Outdoor environmental education in higher education: International perspectives*. Springer.

Pringle, G., Dobud, W., & **Harper, N. J.** (2021). The next frontier: Wilderness therapy and the treatment of complex trauma. In M. Rogerson, E. Brymer, & J. Barton (Eds.), *Nature, physical activity and health*. Routledge.

Harper, N. J., & Doherty, T. (2020). An introduction to outdoor therapies. In N. J. Harper & W. W. Dobud (Eds.), *Outdoor therapies: An introduction to practices, possibilities, and critical perspectives*. Routledge.

Segal, D., **Harper, N. J.,** & Rose, K. (2020). Nature-based therapy. In N. J. Harper & W. W. Dobud (Eds.), *Outdoor therapies: An introduction to practices, possibilities, and critical perspectives*. Routledge.

Carty, E., **Harper, N. J.,** & Magnuson, D. (2018). Outdoor adventure leadership and child and youth care practice: Intersections and opportunities. In K. Gharabaghi & G. Charles (Eds.), *Child and youth care across sectors: Canadian perspectives* (pp. 80-100). Canadian Scholars Press.

Carpenter, C., & **Harper, N. J.** (2016). Health and wellbeing benefits of activities in the outdoors. In B. Humberstone, H. Prince, & K. A. Henderson (Eds.), *International handbook of outdoor studies* (pp. 59-68). Routledge.

Harper, N. J., Peeters, L., & Carpenter, C. (2015). Adventure therapy. In R. Black & K. S. Bricker (Eds.), *Adventure programming and travel for the 21st century* (pp. 221-236). Venture Publishing Inc.

Harper, N. J. (2015). Contact with nature as a research variable in wilderness therapy. In C. Norton, C. Carpenter, & A. Pryor, (Eds.), *Adventure therapy around the globe: International perspectives and diverse approaches* (pp. 536-551). Common Ground Publishing.

Taylor, D., Segal, D., & **Harper, N. J.** (2015). The ecology of adventure therapy. In C. Norton, C. Carpenter, & A. Pryor, (Eds.), *Adventure therapy around the globe: international perspectives and diverse approaches* (pp. 408-442). Common Ground Publishing. (Reprinted with permission from *Ecopsychology*).

Harper, N., Potter, T., Bilodeau, M., Cormode, T., Dufresne, A., Dyck, B., ... & Turgeon, S. (2009). Canada and the state of adventure therapy: Wilderness expeditions, integrated service delivery models and democratic socialism? In D. Mitten & C. M. Itin, (Eds.), *Connecting with the essence of adventure therapy*. Association for Experiential Education.

a.5 Papers Published in Refereed Conference Proceedings

Jackson, J., & **Harper, N.** (2019). Guide perceptions of organizational safety climate: A mixed method study. *Wilderness Risk Research Symposium*, Albuquerque, NM.

Harper, N., & Webster, A. (2016). Exploring the 'hidden curriculum' in outdoor adventure education. *Book of Abstracts of the 7th International Outdoor Education Research Conference*. Cape Breton University, Sydney, NS.

a.6 Refereed Abstracts Published as Conference Proceedings

Harper, N. J., & Russell, K. C. (2008). The working alliance in wilderness treatment programs: A closer look at goal, task and bond constructs. *Proceedings of the Coalition for Education in the Outdoors, 9th Biennial Research Symposium*. Bradford Woods, IN.

b. Publications that have not been Refereed

b.1 Articles (published in professional magazines, trade publications, etc.)

Wallis, R., Minichiello, M. & **Harper, N. J.** (2020). *Outward Bound Canada at 50: The foundations*. [Outward Bound International Journal](#).

Radtke, J., & **Harper, N.** (2018). Nomophobia at Outward Bound Canada: Addressing technology addiction in the field of outdoor experiential education. *Outward Bound Canada Education Journal*, 12.

Horvath, K., & **Harper, N.** (2014). Contact with nature and community building at Outward Bound Canada. *Pathways: The Ontario Journal of Outdoor Education*, 26(4), 17-20.

Harper, N. (2008). Therapeutic benefits of contact with nature: A Primer for counselors and suggestions for schoolyard naturalization. *Insights*, 19(4). British Columbia Association of Clinical Counselors.

Harper, N. (2006). Expert opinions on postsecondary outdoor adventure risk management curriculum design: A research note. *Pathways: The Ontario Journal of Outdoor Education*, 19(1).

b.2 Books and Monographs (Non-refereed government publications, etc.)

Harper, N., & Miller, G. (2008). *Naturalizing British Columbia's schoolyards: A Ministry of Environment initiative*. School of Child and Youth Care, University of Victoria.

b.3 Chapters in Books (Non-refereed)

b.4 Papers Published in Conference Proceedings

b.5 Book Reviews

Harper, N. J. (2023). Building outdoor risky play spaces: A facsimile of nature-based play for child development. A review of *Letting play bloom: Designing nature-based risky play for children*, by Lolly Tai, *American Journal of Play*.

b.6 Published Reports to Research Sponsor

Harper, N. J. & Magnuson, D. (2024). *Take a Hike: Multi-day trip evaluation and recommendations*. Take a Hike Foundation.

Harper, N. J. (2024). *An evaluation of the SFS 'Stigma Free Club at Queen Margaret School'*. Stigma Free Mental Health Society.

Harper, N. J. (2023). *An evaluation of the SFS Virtual Presentation*. Stigma Free Mental Health Society.

Harper, N. J., Mott, A., & Zolotas, K. (2022). *Client fit and outcomes of wilderness therapy: An exploratory study of Pine River Institute's Outdoor Learning Experience*. Pine River Institute.

Harper, N. J., & Minichiello, M. (2018). *Outward Bound Canada's archival history review*. Outward Bound Canada.

Harper, N. J. (2017). *Outward Bound Canada's 2016 Impact Report*. Outward Bound Canada. Available at <http://www.outwardbound.ca/>

Harper, N. J. & Campbell, M. (2016). *Outward Bound Canada experience survey for Stuart Horne Foundation sponsored youth*. Stuart Horne Foundation, London, UK.

Harper, N. J. (2015). *Outward Bound Canada's 2014 Impact Report*. Outward Bound Canada. Available at <http://www.outwardbound.ca/>

Harper, N. J. (2013). *Outward Bound Canada's 2012 Impact Report*. Outward Bound Canada. Available at <http://www.outwardbound.ca/>

b.7 Other Publications

British Columbia Outdoors Sector. (2021). *Led Outdoor Activities Day Use Covid-19 Management practices 2021*. Submitted to the Provincial Health Officer, Ministry of Health, Province of British Columbia. (Task Force co-leader and contributing author).

British Columbia Outdoors Sector. (2021). *Wilderness Backcountry Covid-19 Management Practices 2021*. Submitted to the Provincial Health Officer, Ministry of Health, Province of British Columbia. (Task Force co-leader and contributing author).

Outdoor Council of Canada. (2020). *COVID-19 Principles and Emerging Practices of the Canadian Led Outdoor Activity (LOA) Sector*. Submitted to the Provincial Health Officer, Ministry of Health, Province of British Columbia. (Task Force co-leader and contributing author).

Pardy, M., **Harper, N.**, & Telford, J. (2017). *Report on the 2nd Adventure Educator's Invitational Symposium*. Strathcona Park Lodge, Canada.

Watkins, S., Leach, T., & **Harper, N.** (2015). *Report on the 1st Adventure Educator's Invitational Symposium*. Maurele Island, Canada.

Norris, J., **Harper, N.**, & Horvath, J. (2013). *Improving success rates for Indigenous students: Lessons learned from the SAGE program*. Outward Bound Canada. Canmore, Canada.

Ross, A., & **Harper, N.** (2013). *Final report & recommendations from the 4th Canadian Adventure Therapy Symposium*. Bragg Creek, Canada.

Cox, T., Glass, S., & **Harper, N.** (2011). *Final report & recommendations from the 3rd Canadian Adventure Therapy Symposium*. South River, Canada.

Harper, N. (2010). *Teens and transition*. Island Parent Magazine. (April), 42-43.

Bilodeau, M., & **Harper, N.** (2010). *Final report & recommendations from the 2nd Canadian Adventure Therapy Symposium*. University of Quebec at Chicoutimi, Canada.

Harper, N. (2009). *Final report & recommendations from the 1st Canadian Adventure Therapy Symposium*. Royal Roads University, Canada.

Harper, N. (2007). *A mixed methods examination of family involvement in adolescent wilderness therapy*. Unpublished doctoral dissertation. University of Minnesota.

Harper, N. (2004). *Risk management: A model for outdoor adventure curriculum*. Unpublished master's thesis. Royal Roads University, Victoria: Canada.

c.1 Unpublished Reports to Research Sponsor

Harper, N. J. (2024). *A review of Stigma Free Club at Queen Margaret School, Duncan, BC*. Stigma Free Mental Health Society.

Harper, N. J. (2023). *A review and redesign of survey evaluation of the student presentations program*. Stigma Free Society.

Harper, N. J. (2022). *A systematic review of nature-based experiential education literature*. Power to Be Adventure Therapy Society.

Harper, N. J., & Duncan, S. (2021). *Findings from the Waves of Change pilot program: Expressions of anxiety*. Human-Nature Counseling Society, Victoria, Canada.

Harper, N. J. (2020). *Online 'Introduction to Nature-based Therapy' training course: Participant feedback and recommendations*. Human-Nature Counseling Society, Victoria, Canada.

Mott, A., Minichiello, M., & **Harper, N. J.** (2018). *The core outdoor adventure-based strategies of Take A Hike: A scoping review*. 'Take a Hike' Youth at Risk Foundation. Vancouver, Canada.

Jackson, J., & **Harper, N.** (2017). *Safety Culture Survey Report: Outward Bound Canada 2017*. Outward Bound Canada, Toronto, Canada.

Harper, N., Segal, D., & Simpson, M. (2013). *Engaging young adults in outdoor recreation: A report on outdoor clubs in Canada*. Mountain Equipment Coop, Victoria, Canada.

Segal, D., **Harper, N., & Simpson, M.** (2012). *From the ground up: Reconnecting children and youth with nature through environmental education*. David Suzuki Foundation, Vancouver, Canada.

Harper, N. (2010). *An evaluation of the Family Roots Program: A Sooke Family Resource Centre, Boys and Girls Club, and Power To Be Adventure Therapy Society collaboration*. Victoria, Canada.

Harper, N. (2009). *An evaluation of the Twin Rivers Elementary School's 360° adventure-based afterschool program*. Ripple Effect Consulting, Castlegar, Canada.

Harper, N., & Hine, K. (2006). *Evaluation of community collaboration between a wilderness experience program and adolescent mental health service providers: A report of outcomes for the Discovery Program*. Power to Be Adventure Therapy Society, Victoria, Canada.

c.2 Unpublished Conference Papers and Poster Presentations

Dobud, W. & **Harper, N. J.** (2024). *Outdoor therapies: Client outcomes and pathways for change*. Paper presented at Charles Sturt University's School of Humanities and Social Sciences' Research Seminar, Adelaide, Australia.

Harper, N. J., Fernee, C. R., Lyytinen, P., & Mattsson, M. (2024). *Implicit theory: Results from an international practitioner survey*. Paper presented at the Gathering of Adventure Therapists Europe. Riga, Latvia.

Harper, N. J. (2024). *Theory in outdoor therapies. A brief Overview*. Paper presented at the 2nd Global Summit: Science II: Nature & Health. Lisboa, Portugal.

Harper, N. J. (2023). *Prescribing nature: Matching programs and services with the needs of those we serve*. Connecting Nature Enterprise: Webinar Series, Dublin, Ireland.

Harper, N. J. (2023). *Ecological identity: Assessment and intervention matching in outdoor therapies*. Paper presented at the 1st Global Summit: Science, Nature, & Health. Lisboa, Portugal.

Harper, N. J. (2022). *Outdoor therapies*. Paper presented at the 3rd Ibero-American Summit on Nature, Health & Well-being, Barcelona, Spain.

Harper, N. J., Fernee, C. R., Lyytinen, P., & Mattsson, M. (2022). *Mechanisms of change in outdoor therapies: Theories, models, methods and outcomes*. Workshop presented at the 9th International Adventure Therapy Conference, Kristiansand/Hovden, Norway.

Gleeson, S., & **Harper, N. J.** (2021). *Nature as preventative medicine*. Panel presentation for Green4C (green for care) International Launch, European Union.

Harper, N. J. (2021). *Health and wellness benefits of outdoor recreation: A quick review of the research*. Paper presented to the National Outdoor Recreation Conference. Society of Outdoor Recreation Professionals, Mt. Shasta, United States.

Harper, N. J. (2021). *Outdoor therapies: Equitable health promotion in greenspaces and parks*. Paper presented to the Academy of Leisure Sciences Africa Congress, Durban, South Africa.

Dobud, W. W., & **Harper, N. J.,** (2020). *Opening the counselling room door: The promise of the outdoor therapies*. Presented at Charles Sturt University's School of Humanities and Social Sciences' Research Seminar, Adelaide, Australia.

Harper, N. J., & Dobud, W. W. (2020). *Outdoor therapies: An introduction to practices, possibilities, and critical perspectives*. Paper presented to the Society of Outdoor Recreation Professionals, Mt. Shasta, United States.

Mills, L., & **Harper, N. J.** (2019). *Wilderness therapy as a catalyst for youth resilience*. Poster presented at the Canadian Centre on Substance Use and Addiction's 'Issues of Substance' Conference, Ottawa, Canada.

Harper, N. J. (2019). *Canadian research and practice in adventure therapy*. Paper presented at the 7th Canadian Adventure Therapy Symposium, Whitehorse, Canada.

Obee, P., & **Harper, N. J.** (2019). *Risky play, hygge, and friluftsliv in early childhood education*. Paper presented at the Making Tomorrow Conference, Victoria, Canada.

Segal, D., & **Harper, N. J.** (2019). *Nature-based approaches in CYC*. Paper presented at the 6th biennial Child & Youth Care in Action Conference, University of Victoria, Victoria, Canada.

Obee, P., & **Harper, N. J.** (2019). *Risk play: Affordances, expressions, and outcomes*. Paper presented at British Columbia Early Childhood Education Conference, Vancouver, Canada.

Gabrielsen, L. E., & **Harper, N. J.** (2018). *The role of wilderness therapy for adolescents in the face of global trends of urbanization and technification*. Paper presented at the 8th International Adventure Therapy Conference. Sydney, Australia.

Harper, N. J., Carpenter, C., & Gabrielsen, L. (2018). *Into the wild: Why?* Paper presented at the 8th International Adventure Therapy Conference. Sydney, Australia.

Nerothin, P., Mitten, D., **Harper, N.** & Ponting, J. (2018). *It's not about the wave: Experiences of serious leisure surfers*. Paper presented at the Symposium on Experiential Education Research. International Conference of the Association for Experiential Education. Orlando, United States.

Harper, N. J. (2018). *An exploration of outdoor activity and contact with nature in child and youth care*. Paper presented at the 20th National and 12th Triennial International Child and Youth Care Conference. Richmond, Canada.

Harper, N. J. (2017). *Place, self, and the study abroad experience: A Bolivian adventure*. Paper presented at the Symposium on Experiential Education Research. International Conference of the Association for Experiential Education. Montreal, Canada.

Harper, N. J. (2017). *Adventure Education: A new post-degree diploma at Camosun College*. Panel presenter at the 3rd Colloquium on Outdoor, Adventure and Experiential Education at Canadian Universities and Colleges. Montreal, Canada.

Harper, N. J., Russell, J., Oddsen, B., & Ritchie, S. (2017). *Adventure therapy for children and youth: A Canadian perspective*. Poster presented at the International Children and Nature Conference. Vancouver, Canada.

Harper, N. J., & Powers, M. (2017). *Outdoor risky play: Relevance for healthy child development in risk-averse times*. Paper presented at the 5th Child & Youth Care in Action Conference, University of Victoria, Victoria, Canada.

Carty, E., Magnuson, D., & **Harper, N.** (2016). *Outdoor adventure youth work: Bridging child and youth care and outdoor adventure*. Paper presented at the 2nd World Child & Youth Care Conference, Vienna, Austria.

Harper, N., & Horvath, K. (2015). *Influence of group and environment on participant experience at Outward Bound: A qualitative analysis*. Paper presented at the 7th International Adventure Therapy Conference. Denver, United States.

Ritchie, S., **Harper, N.**, Patrick, K., Corbould, M., & Oddson, B. (2015). *Environmental scan of adventure therapy in Canada*. Paper presented at the 7th International Adventure Therapy Conference. Denver, United States.

Harper, N., & D'Astous, M. (2014). *The Outward Bound Canada Veterans Program*. Paper presented at the 5th Canadian Institute for Military and Veteran Health Research Forum. Toronto, Canada.

Harper, N. (2013). *The "brass tacks" of adventure therapy in Canada*. Paper presented at the 4th Canadian Adventure Therapy Symposium. Bragg Creek, Canada.

Harper, N. (2013). *Invited Discussant*. Symposium on Experiential Education Research. International Conference of the Association for Experiential Education. Denver: United States.

Harper, N. (2012). *Youth at risk and wilderness therapy: Economic and therapeutic benefits*. Paper presented and translated at the International Union for the Conservation of Nature conference. Jeju Island, South Korea.

Harper, N. (2012). *Outward Bound and the Veteran's experience*. Paper presented at the 6th International Adventure Therapy Conference. Czech Paradise, Czech Republic.

Harper, N., Segal, D., & Rose, K. (2011). *Family Roots: An evaluation of a nature-based adventure therapy group*. Poster presented at the Healthy by Nature Forum. Vancouver, Canada.

Harper, N. (2011). *Adventure union: Moving Canada's adventure fields toward professionalism*. Paper presented at the 3rd Canadian Adventure Therapy Symposium. South River, Canada.

Harper, N. (2011). *Active and outdoors CYC practice: Hardly innovative, highly effective*. Paper presented at the 3rd Biennial Child and Youth Care in Action Conference. University of Victoria, Canada.

Harper, N. (2010). *Diversity in organizations providing adventure therapy in Canada*. Paper presented at the 2nd Canadian Adventure Therapy Symposium. University of Quebec at Chicoutimi, Canada.

Harper, N. (2009). *Contact with nature as 'kernel' of evidence*. Paper presented at the 5th International Adventure Therapy Conference. Edinburgh, Scotland.

Segal, D., & **Harper, N.** (2009). *Examining narratives of loss, identity reconstruction and family functioning following acquired brain injury: Involvement in a multi-family therapeutic adventure program*. Paper presented at the 5th International Adventure Therapy Conference. University of Edinburgh, Scotland.

Harper, N., & Black, T. (2009). *Nature as research variable: Methodology and meaning*. Paper presented at the 5th International Adventure Therapy Conference. University of Edinburgh, Scotland.

Harper, N., & Bilodeau, M. (2009). *Canada and AT: Results of the 1st Canadian Adventure Therapy Symposium*. Paper presented to the Therapeutic Adventure Professional Group. International Conference of the Association for Experiential Education. Montreal, Canada.

Turgeon, S., & **Harper, N.** (2009). *Think cooperative: Alternative models for adventure therapy service delivery*. Paper presented at the International Conference of the Association for Experiential Education. Montreal, Canada.

Harper, N. (2009). *An introduction to children and nature research*. Paper presented at Get Outside! It's in our Nature Forum. Royal Roads University. Victoria, Canada.

Harper, N. (2008). *Nature as mental health promotion strategy in the K-12 school system*. Workshop presented at the International Conference of the Association for Experiential Education. Vancouver, United States.

Harper, N. (2008). *Family crisis and the enrollment of children in wilderness treatment*. Paper presented at the Symposium for Experiential Education Research, International Conference of the Association for Experiential Education. Vancouver, United States.

Harper, N. (2008). *Children in nature as mental health promotion: Addressing environmental illness?* Paper presented at the 5th World Conference on the Promotion of Mental Health and the Prevention of Mental and Behavioral Disorders. Melbourne, Australia.

Carpenter, C., **Harper, N.**, Townsend, M., Cameron, F., Knowles, B., & Wright, C. (2008). *Time in nature = increased health and wellbeing*. Paper presented at the 5th World Conference on the Promotion of Mental Health and the Prevention of Mental and Behavioral Disorders. Melbourne, Australia.

Harper, N., & Segal, D. (2008). *Adventure therapy and constructivist psychology: Making meaning of adventures in nature*. Paper presented at the 13th Biennial Constructivist Psychology Network Conference. University of Victoria, Canada.

Harper, N. (2008). *Let's take this outside: Moving child, youth and family contact in helping/healing professions into nature*. Paper presented at the 2nd biennial Child and Youth Care in Action Conference. University of Victoria, Canada.

Harper, N., & Russell, K. C. (2008). *The working alliance in wilderness treatment programs: A closer look at goal, task and bond constructs of the Working Alliance Inventory*. Poster presented at the Coalition for Education in the Outdoors 8th Biennial Research Symposium. Bradford Woods Campus, Indiana University, Martinsville, United States.

Harper, N. (2007). *Family wise: Qualitative understanding of family involvement in adolescent wilderness therapy*. Paper presented at the North West Region Association for Experiential Educators Conference. Maple Ridge, Canada.

Harper, N., & Kent, M. (2007). *Experiential and adventure programming in substance abuse prevention and harm reduction models*. Paper presented at the North West Region Association for Experiential Educators Conference. Maple Ridge, Canada.

Harper, N. (2006). *International perspectives on adventure therapy: Overview of the 4th International Adventure Therapy Conference*. Paper presented to the Therapeutic Adventure Professional Group. International Conference of the Association for Experiential Education. St. Paul, United States.

Harper, N., & Cooley, R. (2006). *Wilderness therapy and the family: Parental reports of change in home environment quality, adolescent behavior and mental health*. Paper presented at the Symposium for Experiential Education Research, International Conference of the Association for Experiential Education. St. Paul, United States.

Allen-Newman, J., & **Harper, N.** (2006). *Theoretical foundations and healing practices of adventure therapy in mental health and addictions treatment*. Paper presented at the 1st Child and Youth Care in Action Conference. University of Victoria, Canada.

Russell, K. C., & **Harper, N.** (2006). *The relationship between group alliance, depression and substance use frequency in outdoor behavioral healthcare treatment*. Poster presented at the College of Education and Human Development Research Forum. University of Minnesota, Minneapolis, United States.

Harper, N. (2006). *An exploration of family involvement in the wilderness therapy programs of outdoor behavioral healthcare*. Paper presented at the 4th International Adventure Therapy Conference. Rotorua, New Zealand.

Harper, N., & Cormode, T. (2006). *Therapeutic outfitting: The integration of community adolescent mental health services with adventure-based programming*. Paper presented at the 4th International Adventure Therapy Conference. Rotorua, New Zealand.

Conway, J., & **Harper, N.** (2005). *Family Matters: Integration and outcomes of family systems theory in adventure therapy programming*. Paper presented at the International Conference of the Association for Experiential Education. Tucson, United States.

Harper, N. (2005). *Family involvement in outdoor behavioral healthcare: A descriptive analysis*. Paper presented at the North East Regional Conference of the Association for Experiential Education. Colebrook, United States.

Lauterwasser, R., & **Harper, N.** (2003). *Brother from another mother: Adventure therapy and therapeutic adventure*. Paper presented at the International Conference of the Association for Experiential Education. Vancouver, Canada.

c.3 Keynote Addresses

Harper, N. J. (2025, Nov.). *Kids these days and the extinction of experience*. Keynote address to be presented at the 1st Experiential Practice Summit, Charles Sturt University, Port MacQuarie, NSW.

Harper, N. J. (2024). *Outdoor therapies: Applications, benefits and the role of nature*. Keynote address given at the 4th International Conference on Social Neuroscience in Ecologically Valid Conditions, Moscow, Russia.

Harper, N. J. (2023). *Nature-based approaches to health and wellbeing for leisure professionals*. Keynote address given at the 3rd Academy of Leisure Sciences Africa, Durban South Africa.

Harper, N. J. (2021). *Adventure therapy 101*. Keynote address given at the 1st Latvian National Adventure Therapy Conference, Sigulda, Latvia.

Harper, N. J. (2020). COVID-19 Cancelled. *Outdoor learning and nature-connection for child and youth development: Addressing the issues and looking for opportunities*. Keynote address to be given at the Annual Professional Development Teacher's Retreat at YMCA Camp Thunderbird, Sooke, Canada.

Harper, N. J. (2019). *A brief exploration of 'nature' in adventure therapy*. Keynote address given at the Aotearoa/New Zealand Adventure Therapy Conference, Auckland, New Zealand.

Harper, N. J. (2019). Unable to attend. Invited Keynote address at the 2019 Australian Association of Adventure Therapy Forum. Gold Coast, Australia.

Harper, N. J. (2018). *Searching for the core of adventure therapy*. Keynote address given at the 8th International Adventure Therapy Conference, Sydney, Australia.

Harper, N. J. (2017). *Adventure and wilderness therapy: An international view upon our history, our status of today, and visions for the future*. Keynote address given at the 1st Norwegian Nature and Mental Health Conference. Kristiansand, Norway.

Harper, N. J. (2017). Unable to attend. Invited Keynote address for the 3rd Hungarian Experiential Learning Conference, Dobogókó, Hungary.

c.4 Plenary and Open Addresses

Harper, N. J. (2025, January). *Adventure therapy overview: History, different concepts, and scientific challenges*. Paper to be given at the Adventure Therapy Development Seminar, Department of Sport Sciences & Clinical Biomechanics, University of Southern Denmark, Odense, Denmark.

Harper, N. J. (2023). *Adding adventure to forest & nature therapy*. Invited presentation to Forest Therapy Hub: Practitioner Training, Lisbon, Portugal.

Harper, N. J. (2021). *Mechanisms of change in outdoor therapies: What do we really know?* Invited presentation at the National Outdoor Healthcare Symposium, Adelaide, Australia.

Harper, N. J. (2020). *Finding resonance among the outdoor therapies*. Invited presentation at the annual conference of the Association of Challenge and Experiential Education of Israel.

Harper, N. J. (2020). *Nature-based therapy: Ecological assessments and appropriate interventions*. Invited presentation at the 2nd Forest and Nature-based Health & Wellness Practices Summit. Forest Therapy Institute of Europe.

Harper, N. J. (2020). *Introducing the Research Advisory Committee at Outward Bound International: An international school's evaluation proposal*. Invited speaker at the 1st Outward Bound of the America's Symposium, Valle de Bravo, Mexico.

Harper, N. J., & Fernee, C. (2019). *Nature-based therapy: An active approach to treatment*. Invited presentation at the annual Mental Health Professional Development Day, Southland Hospitals & Agder University, Kristiansand, Norway.

Harper, N. J. (2019). *Therapeutic, spiritual, and economic benefits of nature-based therapy*. Invited presentation at the Annual General Meeting of Providence Farm Therapeutic Community, Cowichan Bay, Canada.

Harper, N. J. (2019). *Ten years after: Adventure therapy in Canada (still herding 'cats')*. Invited talk at the 7th Canadian Adventure Therapy Symposium, Whitehorse, Canada.

Harper, N. J. (2017). *International adventure therapy: An Introduction to the International Adventure Therapy Congress and the Canadian context*. Opening address of the 6th Canadian Adventure Therapy Symposium. Montreal, Canada.

Harper, N. (2016). *Research possibilities: Children and nature*. Invited speaker at the Annual Board Retreat, Child & Nature Alliance of Canada, Metchosin, Canada.

Harper, N. (2015). *Current state of outdoor adventure education in Canada*. Invited speaker at the Adventure Educator's Invitation Symposium, Maurelle Island, Canada.

Harper, N. (2009). Opening address and research symposium moderator. Get Outside! It's in your Nature conference. Royal Roads University, Victoria, Canada.

Harper, N. (2009). Convener's opening address. 1st Canadian Adventure Therapy Symposium. Royal Roads University, Victoria, Canada.

c5. Invited Public Presentations/Workshops

Harper, N. J. (2024). *Understanding the diversity of outdoor therapies, their benefits, and the role of nature*. Presentation to the Department of Health Psychology and Paedagogy, Riga Stradiņš University, Latvia.

Harper, N. J., & Dobud, W. (2024). *Kids these days: Youth mental health from 40,000 feet*. Presentation at Charles Sturt University's School of Humanities and Social Sciences' Social Sciences Week, Sydney, Australia.

Harper, N. J. (2024). *Forest & nature-based therapy theory*. Forest Therapy Hub Summer School. Barcelona, Spain.

Harper, N. J. (2024). *Ecological assessment in outdoor interventions*. Forest Therapy Hub Summer School. Barcelona, Spain.

Dobud, W. W. & **Harper, N. J.** (2023). *Kids these days: harnessing the heroism of youth*. Charles Sturt University, Social Sciences Week: Outdoor Therapies Symposium. Sydney, Australia.

Harper, N. J. (2022). *Nature-based therapy and the neurodiverse*. Swan Lake & Christmas Hill Nature Sanctuary.

Harper, N. J. (2022). *Spiritual dirt: Promise of outdoor therapies*. Science meets spirit dialogs. Canada Health Alliance.

Dobud, W. W. & **Harper, N. J.** (2021). *Opening the counselling room door: The promise of outdoor therapies*. Charles Sturt University, Sydney, Australia.

Harper, N. J. (2020). *Outdoor risky play in nature: Mental health benefits*. Invited presentation to the Forest School Association of the United Kingdom.

Harper, N. J. (2020). *Strategic planning 2025: A proposal for a centre of excellence in outdoor therapies*. Providence Farm Therapeutic Community, Cowichan Bay, Canada.

Harper, N. J. (2018). *Nature and human wellbeing: Lessons from outdoor education and wilderness therapy*. Faculty of Health and Outdoor Education. Agders University, Kristiansand, Norway.

Harper, N. (2018). *Still 'searching for the core' of adventure therapy*. A delegate requested follow-up session to the Keynote Address at the 8th International Adventure Therapy Conference. Sydney, Australia.

Harper, N. J. (2017). *Outdoor education meets wilderness therapy: Intersections and opportunities*. Invited speaker for the Nature and Adventure Education Research Group. Norwegian Institute of Sport, Oslo, Norway.

Harper, N. J. (2017). *Social youth work outdoors: Practice to theory to practice*. Invited Speaker in the Trans-European Outdoor Studies graduate program. Norwegian Institute of Sport, Oslo, Norway.

Research and Professional Activities

d.1 Funded Grants and Contracts

Harper, N. J. (2024). CANET Foundation: Nature-based therapy in Exercise Science, Physical & Health Education. \$5,000 USD, (~\$6,625 CAD). **Principal Investigator.**

Harper, N. J. (2023). CANET Foundation: Nature-based therapy in Exercise Science, Physical & Health Education. \$5,000 USD, (~\$6,900 CAD). **Principal Investigator.**

Harper, N. J. (2022). CANET Foundation: Nature-based therapy in Exercise Science, Physical & Health Education. \$5,000 USD, (~\$6,400 CAD). **Principal Investigator.**

Harper, N. J. (2021). CANET Foundation: Nature-based therapy in CYC. \$2,500 USD, (~\$3,200 CAD). **Principal Investigator.**

Krawchenko, T., Hancock, T., **Harper, N. J.**, & Rhodes, K. (2021). Getting the job done: An exploration of working level barriers to local government climate action. Human & Social Development Internal Grant. \$5000 CAD. **Co-investigator.**

Harper, N. J. (2020). Partnership Development Grant, Social Sciences and Humanities Research Council of Canada (SSHRC). Adolescent wilderness therapy for mental health and substance abuse: Advancing understanding of wilderness as a treatment factor at Pine River Institute. \$12,829 CAD. **Principal Investigator.**

Harper, N. J. (2020). CANET Foundation: Forest & nature therapy research. \$5,000 USD, (~\$6,400 CAD). **Principal Investigator.**

Harper, N. J. (2020). CANET Foundation: Nature-based therapy in CYC. \$2,500 USD, (~\$3,200 CAD). **Principal Investigator.**

Harper, N. J. & Obee, P. (2019). Mitacs Accelerate Grant (Organizational partner: Canadian Sport Institute: Game Plan program): \$15,000 CAD. **Co-Investigator.**

Harper, N. J. (2019). CANET Foundation: Nature-based therapy in CYC. \$2,500 USD, (~\$3,200 CAD). **Principal Investigator.**

Harper, N. J. (2018). The Canadian Centre for Advanced Leadership in Business at Haskayne School of Business. University of Calgary. Literature review on adventure-based learning in higher education. \$6,000 CAD. **Principal Investigator.**

Harper, N. J. (2018). Internal Research Project Grant: Early childhood learning & outdoor risky play at licensed forest school centers. \$6,850 CDN. **Principal Investigator.**

Harper, N. J. (2018). CANET Foundation: Nature-based therapy in CYC. \$2,500 USD, (~\$3,200 CAD). **Principal Investigator.**

Obee, P. & **Harper, N. J.** (2018). Mitacs Accelerate International Grant (Organizational partner: EnCompetence, Levanger, Norway): \$15,000 CAD. **Co-Investigator.**

Harper, N. J. (2017). Take a Hike Foundation. Theory of Change Project & Literature Review. \$3,200 CAD. **Principal Investigator.**

Harper, N. J. (2017). CANET Foundation. Developing nature-based therapy in CYC curriculum. \$2,500 USD, (~\$3,100 CAD). **Principal Investigator.**

Harper, N. J. (2017). Mitacs Accelerate Grant (Organizational partner: Outward Bound Canada, Toronto, ON). \$15,000 CAD. **Principal Investigator.**

Harper, N. J. (2015). Canadian Wildlife Federation and Outward Bound Canada: A look at the “*wild migrations*” curriculum learning outcomes in the context of an OBC course. Outward Bound Canada: \$4000 CAD. Toronto, ON. **Principal Investigator.**

Harper, N. J. & Segal, D. (2015). Forest Schools Canada: Developing a Theory of Change. Child & Nature Alliance of Canada: \$2500 CAD. Ottawa, ON. **Principal Investigator.**

Segal, D., **Harper, N. J.**, & Simpson, M. (2013). Lay of the Land: Youth driven & youth serving outdoor clubs in Canada. Mountain Equipment Coop: \$4950 CDN. Vancouver, BC. **Co-investigator.**

Segal, D., **Harper, N. J.**, & Simpson, M. (2012). Connecting youth with nature: A national evaluation of youth-serving environmental education programs: \$14,900 CAD. David Suzuki Foundation, Vancouver, BC. **Co-investigator.**

Segal, D., Hoskins, M., **Harper, N.**, & Erickson, B. (2008). *Examining identity loss, ambiguous loss and family functioning following acquired brain injury*: \$15,000 CAD. Disabilities Health Research Network, University of British Columbia. **Co-investigator.**

Harper, N. J., Miller, G., & Foster, L. (2008). Contract: *Naturalizing British Columbia’s schoolyards: A Ministry of Environment initiative*. School of Child and Youth Care, University of Victoria. \$30,000 CAD. **Principal Investigator.**

Harper, N. J. (2008/2009). Post-Doctoral Research Fellowship: Social Sciences and Humanities Research Council of Canada (SSHRC), Government of Canada. \$81,000 CAD. **Principal Investigator.**

Supervised Graduate Student Grants

Frey, S. (2020). \$17,000 CAD. *Engaging with darkness in nature-based therapy practice*. Canada Graduate Scholarships, Social Sciences and Humanities Research Council of Canada.

Mott, A. (2018). \$17,000 CAD. *Comparing indoor and outdoor counseling settings for youth*. Canada Graduate Scholarships, Social Sciences and Humanities Research Council of Canada.

d.2 Editorial Appointments

2020-present Editorial Board, *Journal of Experiential Education*, Association of Experiential Education

2017-2020 Associate Editor, *Outward Bound Canada Journal of Education*

- 2011 Co-editor, *Journal of Adventure Education & Outdoor Learning*
Special Issue: Outdoor & Adventure Therapy
- 2008-2013 Editorial Board, *Ecopsychology*, University of Washington
- 2008-2009 Editorial Board, *Journal of Outdoor Activities*, Czech Republic

d.3 Peer Reviews for Books or Journals

- 2022 Technical Reviewer: *Standards of key strategies to ensure safe spaces: Conclusions of the study of Key Strategies to ensure Physically and Psychologically Safe Spaces in Forest Bathing and Forest Therapy*. Forest Therapy Hub.
- 2021 Invited Reviewer: Book proposal. *Deep Peace and the Solo Wilderness Experience*. Routledge International.
- 2020-2021 Invited Reviewer, *Children & Youth Services Review*
- 2020-present Invited Reviewer, *International Journal of Environmental Research & Public Health*
- 2020-present Invited Reviewer, *Residential Treatment of Children & Youth*
- 2020 Invited Reviewer, *Journal of Therapeutic Schools & Programs*
- 2018-2022 Invited Reviewer, *International Journal of Child, Youth & Family Studies*.
- 2018-present Regular Reviewer, *Journal of Outdoor and Environmental Education*
- 2012 Invited Reviewer, *Coalition for Education in the Outdoors Research Symposium Conference Proceedings*
- 2009 Invited Reviewer: Book proposal. *International approaches to adventure therapy*. Routledge International.
- 2008-2009 Regular Reviewer, *Journal of Outdoor Activities*
- 2008-present Regular Reviewer, *Journal of Adventure Education & Outdoor Learning*
- 2008-present Invited Reviewer, *Ecopsychology*
- 2006-present Regular Reviewer, *Journal of Experiential Education*
- 2006-present Regular Reviewer, *International Adventure Therapy Conference (Proposals & Proceedings)*

d.4 Peer Reviews for Research Grants or Contracts

- 2024 Invited Reviewer, *Tryg Foundation*, Outdoor risky play in early years education research proposal (File #160-161)
- 2021 Invited Reviewer, *John Templeton Foundation*, Outdoor experiential education research proposal (External Review ER-35265)
- 2021 Invited Reviewer, *Mitacs Elevate Program*, Post-doctoral research proposal

2017 Invited Reviewer, *Lansan Foundation* Outdoor play and early learning policy research invitational symposium.

d.5 Memberships/Offices Held in Professional and Community Organizations

2020-2021 Member, British Columbia Outdoor Sector, Provincial Action Group, COVID-19 health and safety policies for Led Outdoor Activities, Camps & Youth Expeditions.
 2020-present Member, British Columbia Association of Clinical Counsellors (#16566)
 2020-present Member, Research Advisory Group, Outward Bound International
 2019-present Member, Research Advisory Committee, Outward Bound Canada
 2009-2019 Chair & Founder, Research Advisory Committee, Outward Bound Canada
 2018-2021 Steering Committee Member, Canadian Outdoor Summit
 2017-2021 Fellow, Centre for Youth & Society
 2015-2020 Founding parent, Cowichan Valley Nature Program at Swallowtail Farm
 2015-2018 Co-chair, International Adventure Therapy Committee
 2012-present Instructor Trainer, Outdoor Council of Canada
 2009-present Founder & Advisory Committee, Canadian Adventure Therapy Symposium
 2009-2010 Founding Vice President, Child & Nature Alliance of Canada
 2006-2010 Member, Therapeutic Adventure Professional Group, USA
 2006-2018 CDN representative, Adventure Therapy International Committee
 2001-2018 Canoe and Stand Up Paddleboard Instructor, Paddle Canada
 1998-2013 Canoe Instructor Trainer, Recreational Canoe Association of British Columbia
 1996-1997 Founding Member, Youth Resource Society, Courtenay, BC

d.6 Industry Consulting, Program Advisory & Steering Committee Activities

2024 Take a Hike Foundation, Vancouver, Canada
 2023 Stigma-Free Society, Medicine Hat, Canada
 2022-2023 Akoya Lifestyle & Wellness Therapy, Courtenay, Canada
 2021-2022 Power to Be Adventure Therapy Society, Victoria, Canada
 2021-2022 Sørlandet Hospital, Adolescent Treatment Unit, Kristiansand, Norway
 2021 Columbia Basin Trust, Trail, Canada
 2021 Chesapeake Mental Health Collaborative, Towson, United States
 2020-2023 Trybe Ecotherapy, Rochester, United States

2020	Converging Currents Counselling, Kimberley, Canada
2020-2023	Blue Goat Expeditions, Anchorage, United States.
2020	Nordic Dawn Adventures & Counseling, Kristiansand, Norway
2019	Outward Bound New Zealand, Anakiwa, New Zealand
2019-2021	Pine River Institute, Shelburne, Canada
2019	True North Adventure Therapy, Adelaide, Australia
2018-2019	Take a Hike Youth at Risk Foundation, Vancouver, Canada
2017-2019	Sørlandet Hospital, Adolescent Treatment Unit, Kristiansand, Norway
2015-2016	Private Career Training Institutions of BC, Vancouver, Canada
2013	Child & Nature Alliance of Canada, Ottawa, Canada
2010	David Suzuki Foundation, Vancouver, Canada
2008-2010	Inner Compass Innovations, Trail, Canada
2004-2007	Alaska Crossings for Youth, Wrangell, USA
2002-2011	Power to Be Adventure Therapy Society, Victoria, Canada

d.7 Organizing/Leading Workshops or Conferences

2024-present	Conference Advisory Committee, Canadian Outdoor Therapy Network
2018-2021	Summit Organizing Committee, 2022 Canadian Outdoor Summit, Gatineau, QC
2018-2020	Summit Organizing Committee, 2020 Virtual Canadian Outdoor Summit, Online
2010-2024	Conference Advisory Committee, Canadian Adventure Therapy Symposium
2009	Founder & Convener, 1 st Canadian Adventure Therapy Symposium, Victoria, BC
2009	Conference Committee, Get Outside! It's in your Nature, Victoria, BC
2006-2018	Conference Advisory Committee, International Adventure Therapy Conference
2003	Host Committee, 3 rd International Adventure Therapy Conference, Victoria, BC

d.8 Other Research and Professional Activities

d.9 Media Interviews and Coverage

2024	<i>New outdoor therapy course unites adventure and human service.</i> Online recognition as expert contributing to course development. https://www.castanet.net/news/Campus-Life-Kamloops/470023/New-outdoor-therapy-course-unites-adventure-and-social-work
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- 2023 *Ask the Expert: Outdoor therapeutic careers*. Career Pathways Video interview with Outward Bound Canada Training Institute. <https://www.youtube.com/watch?v=1G6yisYzq8I>
- 2022 *Nature as medicine*. Podcast interview with Sylwia Kieszkowska, PsyD, Organic Futures Institute, Barcelona. <https://www.youtube.com/watch?v=kuZgG0QVLlc>
- 2022 *Healthy body, healthy mind: Can “adventure therapy” be a prescription for better mental health?* Anna Brech, Interview for FlashPack, Solo Travellers Digest. <https://www.flashpack.com/solo/wellness/adventure-therapy/>
- 2022 *America’s controversial ‘troubled teen’ wilderness therapy camps-and why survivors like Paris Hilton want to stop them*. Independent: UK Edition. <https://www.independent.co.uk/news/world/americas/wilderness-therapy-camps-paris-hilton-b1984632.html>
- 2021 *Risk tolerance, risky play and resilient youth*. Podcast: Awake in Relationship. <https://www.awakeinrelationship.com/2021/06/28/025-risk-tolerance-risky-play-and-resilient-youth-with-nevin-j-harper/>
- 2021 *Outdoor therapies*. Podcast: The Many Shades of Green, Hudson River Radio, NY. <https://www.spreaker.com/user/10880920/tmsog-06-05-2021-nevin-harper>
- 2020 *Advancing the science of youth treatment*. A SSHRC Partnership Engagement Grant Recipients – Covid 19 Special Initiative. University of Victoria (November). Short article on a recent grant to conduct outdoor therapies research at Pine River Institute, ON. (Instagram press release).
- 2020 *Outdoor therapies*. Television interview with AMI-tv, Toronto, ON, talking about my research in nature-based and outdoor therapies. <https://www.ami.ca/category/ami-week/media/forest-therapy>
- 2020 *Outdoor therapies*. Podcast: Stories from the field: Demystifying wilderness therapy, with Dr. Will White. <https://podcasts.apple.com/ca/podcast/dr-nevin-harper-associate-professor-at-university-victoria/id1440862416?i=1000501720421>
- 2020 *Nevin Harper, PhD*. Podcast: Adventure therapy podcast. Interview by Dr. Will Dobud and Dr. Daniel Cavanagh on my recent books on nature-based therapy and outdoor therapies and history in becoming an adventure therapy practitioner and researcher. [The Adventure Therapy Collective Podcast](#).
- 2020 *The value of the outdoors for youth and the impacts of isolation*. Frontlines, Podcast with Brent Hiller. Panel interview discussing the effects of COVID-19, the closure of parks, and the mental health of children during and following the ‘lockdown’ and social isolation. <http://frontlinesmtb.com/>
- 2019 *Faculty Showcase*. UVIC HSD Annual Review: 2019-2020 University of Victoria. <https://www.uvic.ca/hsd/assets/docs/newsletters/hsdannualreview201920final.pdf>

- 2019 *Nature-based therapy*. CBC Morning Shows, July 2nd. Interviews discussing new book with co-author Dave Segal on 21 syndicated morning show hosts across Canada.
<https://www.cbc.ca/player/play/1561939523579> (link no longer active)
- 2019 *Nature's antidote*. Wilderness. May 20th. By Mathew Cattin. Was interviewed for New Zealand online outdoor adventure magazine article promoting adventure therapy.
https://www.wildernessmag.co.nz/natures-antidote/?fbclid=IwAR0y9bpF3uRGqaR8L50YuOJf-Rz_3X4mkJzbndoQmG75PhjjF6ZWo2ePttY
- 2019 *Taking an intentional walk can make you more creative and productive at work: Experts explain how a mindful stroll outside can benefit the rest of your day*. Interviewed for Thrive Global, March 1st:
<https://thriveglobal.com/stories/intentional-walk-workday-productive-creative-nature-outdoors-benefits-work/>
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8 c. Graduate Student Supervision

<u>Start Year</u>	<u>Student Name</u>	<u>Degree Program</u>	<u>Type of Supervision</u> *	<u>Results</u>
2024	Sarah Hald	PhD (NSSS, Oslo)	2	in progress
2024	Xin Wang	PhD (Forestry, UBC)	2	in progress
2024	Ashlene Dembicki	MA EPHE	1	withdrawn
2023	Liam Broderick	MA SL (VIU)	3	complete
2021	Patrick Nicholl	PhD Psych	2	in progress
2021	Tom Spence	MSc Psych	4	complete
2021	Robbie Archer	MSc EPHE	3	complete
2020	Shelley Fischbach	MA CYC	2	in progress
2020	Kostas Zolotas	MA CYC	1	complete
2020	Julia Palozzi	PhD SDH	2	in progress
2020	Benjamin Schulz	PhD EPLS	4	complete
2019	Allison Stickney	MA CYC	1	complete
2019	Patricia Obee	PhD INTD	1	withdrawn
2019	Sean Frey	MA CYC	1	complete
2019	Calvin Walker	MA CYC	1	complete
2019	Patrick Nicholl	MSc Psych	2	complete
2019	Shelby Logan	MSc Psych	3	complete
2018	Michelle Barrett	PhD SDH	1	in progress
2018	Sylvia Storey	MA CYC	1	complete
2018	Brad Rudner	MA CYC	1	complete
2018	Sydney Nauss	MA CYC	4	complete
2018	Max Cameron	MA Hist	4	complete
2017	Sasha Mazur	MA CYC	2	complete
2017	Addison Mott	MA CYC	1	complete
2017	Jaqueline Boychuk	MA CYC	1	complete
2017	Jake McCloskey	MA ES	3	complete
2017	Robbie Young	MSc. ESPHE	3	complete
2017	Chris Bennet	MA CYC	2	complete
2017	Chris Gleason	MSc. ESPHE	2	complete
2017	Patricia Obee	MA CYC	1	complete
2017	Matty Hillman	MA CYC	4	complete

2017	Nicholas Meikle	M Ed.	3	complete
2017	Miles Minechiello	MA CYC	1	complete
2016	Elisabeth Tilstra	MA CYC	2	complete
2015	Peter Nerothin	MA AE(Prescott College)	1	complete
2014	Alison Osbourne	MA IIC (Royal Roads)	3	complete
2014	Weston Pew	MA AE (Prescott College)	3	complete
2013	James Skwarak	MA EEC (Royal Roads)	1	complete
2012	Meg Banavage	MA EEC (Royal Roads)	1	complete
2010	Curt Pollock	PhD CYC	1	complete
2010	David Segal	MA CYC	2	complete
2010	Andrew Young	MA EEC (Royal Roads)	1	complete
2010	Rebecca World	MA EEC (Royal Roads)	1	complete

(1) Chairperson of supervisory committee (i.e. supervisor or co-supervisor);

(2) Member of supervisory committee;

(3) External examiner (indicate if at another university); or

(4) Chair of examination committee.

9. ADMINISTRATIVE ACTIVITIES

a. University and Faculty Committees (include dates)

2023-2024	RPT Appointment Committee (Associate Dean Undergraduate Program), Faculty of Education, University of Victoria
2020-2021	Faculty of Graduate Studies Student Awards Committee -Mackenzie King Scholarship -Lieutenant Governor's Gold Medal Awards -Lieutenant Governor's Silver Medal Awards
2019-2020	Faculty of Graduate Studies (School of Child & Youth Care representative)

b. Department/School Committees and Responsibilities (include dates)

2024-25	Strategic Planning Committee. School of Exercise Science, Physical & Health Education. UVIC.
2024-25	Leadership Committee, (RHed program lead). School of Exercise Science, Physical & Health Education. UVIC.
2024-25	RPT Committee (Professor, Associate, Associate, Teaching Associate), School of Exercise Science, Physical & Health Education. UVIC.

- 2024 RPT External Referee (Professor), College of Health & Human Services.
University of New Hampshire.
- 2024 School of Exercise Science, Physical & Health Education Retreat Planning
Committee
- 2023 RPT External Referee (Associate Professor), School of Social Work, Charles
Sturt University.
- 2022 RPT External Referee (Assistant Professor), Werklund School of Education,
University of Calgary.
- 2021 RPT External Referee (Professor), School of Health & Human Performance,
University of Tennessee.
- 2021 Appointment Committee (Professor), School of Child & Youth Care, UVIC.
- 2021 RPT Reappointment Committee (Assistant Professor), School of Child &
Youth Care, UVIC.
- 2021-2022 Undergraduate Program & Practicum Committee, School of Child & Youth
Care, UVIC.
- 2020-2021 Graduate Program Renewal Sub-Committee, School of Child & Youth Care,
UVIC.
- 2020-2022 Community Consultation & Advisory Board Development Sub-Committee,
School of Child & Youth Care, UVIC.
- 2020 Graduate Admissions Sub-Committee, School of Child & Youth Care,
UVIC.
- 2020 RPT External Referee (Associate Teaching Professor), Social Work,
Thompson Rivers University.
- 2020 RPT Reappointment Committee (Assistant Professor), School of Child &
Youth Care, UVIC.
- 2020 RPT Reappointment Committee (Assistant Teaching Professor), School of
Child & Youth Care, UVIC.
- 2019-2020 Appointment Committee (Associate Professor), School of Child & Youth
Care, UVIC.
- 2019-2021 Practicum Operations Committee, School of Child & Youth Care, UVIC.
- 2017-2018 Appointment Committee (Teaching Professor), School of Child & Youth
Care, UVIC.

- 2017-2018 Appointment Committee (Associate Professor), School of Child & Youth Care, UVIC.
- 2018-2019 Undergraduate Program Chair, School of Child & Youth Care, UVIC
- 2017-2020 Graduate Program Committee, School of Child & Youth Care, UVIC.
- 2017-2019 School of Child & Youth Care Practicum Committee, UVIC.
- 2018-2019 School of Child & Youth Care Operations Committee, UVIC.
- 2017-2018 British Columbia Child & Youth Care Curriculum Consortium

10. Other Information

a.1 Books, Chapters, or Articles Submitted for Editorial Review

Dobud, W. W., Parieto, M., **Harper, N. J.**, Avolta, U., Nikkel, L., Cavanagh, D., & Healy, J. (in review). Success and mastery as a pathway for change in adventure education and therapy. Submitted to *Journal of Outdoor and Environmental Education*.

Nicholl, P., Ali, J., Brcic, J., **Harper, N. J.**, & Smart, C. (in review). Correlates of post-expedition growth in the aftermath of Antarctic expeditions: An exploratory mixed-methods study. Submitted to *Journal of Human Performance in Extreme Environments*.

Walker, C., & **Harper, N. J.** (2024, pre-print). 'Calling in' outdoor adventure education in Canada: Organizational leaders, anti-colonial change, and addressing the TRC. *Open Science Framework*.

Fernee, C. R., Lyytinen, P., Mattsson, M. & **Harper, N. J.**, (in review). Implicit theory in outdoor therapies: International opinions and perspectives. To be submitted to *Qualitative Health Research*.

Dobud, W. W. & **Harper, N. J.** (submitted). *Kids these days: Understanding & Supporting Youth Mental Health*. Book submitted to New Society Publishers.